



## **Curriculum Instructional Cover Sheet**

Course Title:

Overview & Purpose:

Objectives:

Teaching Method:

Resources/File Downloads:

# Lesson Plan

## **SUBJECT TO BE ADDRESSED**

Taking responsibility for your actions

## **LESSON OBJECTIVE**

Teach students that they are responsible for their actions

## **WHAT THE STUDENT SHOULD KNOW AT THE END OF THIS LESSON**

Students should realize that to be successful in life they have to be accountable for their actions and effort.

## **SUGGESTED TEACHING METHOD**

Lecture and demonstration of instances where something has or is going wrong and corrective actions that should be taken:

## **SUGGESTED MATERIAL NEEDED TO TEACH SUBJECT**

A goal for their education, career and one of their choosing. A couple of simple case studies where students are not taking responsibility for their actions. (examples):

1. Student is continuously tardy because they miss their bus and parents will not bring them to school.
2. Student is constantly getting reprimanded for sleeping in school.
3. Student is constantly at conflict with teachers.

## **EXAMPLES OF TAKING RESPONSIBILITY**

A common trend is that many people won't take responsibility for their own actions. It seems that nobody wants to take the blame for what they do. ( For example, a teenager gets killed by use of a wrestling ;hold). It seems that wrestling gets blamed, not the teenager performing or even the parents allowing it to happen. There is a reason why there is an announcement that you "Don't try this at Home". Who is to blame? To say that pro wrestling is responsible for something like this is absurd. The real people to blame for this is the person performing this stunt. Blaming others doesn't help you become a responsible person.

Acknowledge what happened. You have a big internet assignment due in class next week; you choose to wait till the last minute; your computer breaks two days before the assignment is due. You tell the teacher, "My computer failed at the last minute". This causes more problems for you and the teacher. But when you acknowledge, "Yes, I failed to use the computers in the library to complete my assignment, after my computer broke", it eliminates the need to make up absurd excuses. Be responsible.

See yourself clearly. Taking responsibility for your actions means acknowledging both your weaknesses and strengths. It means acknowledging all that is great about you. When you take responsibility you know your talents and put them to use. You know when you've done a good job. You appreciate your efforts. You are kind to yourself. A responsible person does not dismiss her own achievements. She knows her good and positive qualities. She has a complete picture of who she is. A responsible person continues to grow emotionally.

Key Items or concepts that the lesson covers: How to take proper steps to gain control of your actions.

# Placing Blame Examples and Discussion Questions

## **IF A STUDENT MISSES SCHOOL BECAUSE THEY MISSED THE BUS, WHO'S TO BLAME?**

- A. Bus Driver
- B. Alarm Clock
- C. Student

How does student take responsibility?

## **STUDENT IS SENT TO OFFICE FOR DISRUPTING THE CLASS, WHO'S TO BLAME?**

- A. Teacher
- B. Other students
- C. Student

How does student take responsibility?

## **STUDENT'S PHONE IS TAKEN AWAY FOR VIOLATING CLASS RULES, WHO'S TO BLAME?**

- A. School rules
- B. Cell phone company
- C. Student

How does student take responsibility?

Acknowledge what happened. You have a big assignment due in class next week; you choose to wait till the last minute; your computer breaks two days before the assignment is due. You tell the teacher, "My computer failed at the last minute". This causes more problems for you and the teacher. But when you acknowledge, "Yes, I failed to use the computers in the library to complete my assignment, after my computer broke", it eliminates the need to make up excuses. Be responsible.

See yourself clearly. Taking responsibility for your actions means acknowledging both your weaknesses and strengths. It means acknowledging all that is great about you. When you take responsibility you know your talents and put them to use. You know when you've done a good job. You appreciate your efforts. You are kind to yourself. A responsible person does not dismiss her own achievements. She knows her good and positive qualities. She has a complete picture of who she is. A responsible person continues to grow emotionally.